

# HARVEST NATION FARM SHARES

## What's inside?

### STAPLE ITEMS

IN EVERY SHARE

**TOMATOES**  
(ALTERNATING  
VINE TOMATOES &  
CHERRY TOMATOES)

**GREENS**  
(ALTERNATING  
LEAFY LETTUCE  
SPINACH,  
ROMAINE LETTUCE)

**BELL PEPPERS**

**CUCUMBERS**

**POLE BEANS**

**BRUSSEL SPROUTS**

**POTATOES**  
(ALTERNATING  
BABY POTATOES, RED  
POTATOES,  
BLUE POTATOES)

### ROTATING ITEMS

**CARROTS**

**KALE**

**PEAS**

**BROCCOLI**

**CELERY**

**CHICKPEAS**

**EDAMAME**

**BASIL**

**CILANTRO**



farming locally, caring globally  
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# HARVEST NATION SURPLUS SHARES

## What's inside?

### STAPLES ITEMS:

SPINACH

BELL PEPPERS

GREEN BEANS

\*BABY POTATOES

\*BLUE POTATOES

\*RED POTATOES

(\*ALTERNATING)

### OCCASSIONAL:

VINE TOMATOES

CHERRY TOMATOES

ONIONS

SAGE



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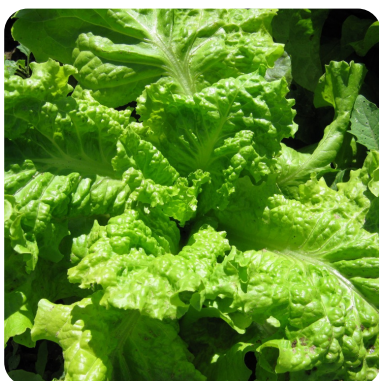




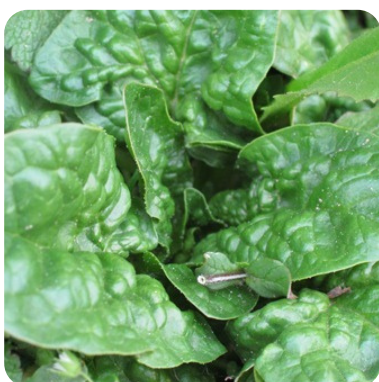
**BRANDYWINE TOMATOES**  
ORIGINATED WITH CHESTER  
COUNTY PA FARMERS IN 1885.  
ROBUST OLD-FASHIONED FULL  
FLAVORS.



**BLACK CHERRY TOMATOES**  
BLACK CHERRY HAS 1" FRUITS  
THAT ARE SENSATIONAL WITH  
SWEET, RICH, FLAVOR THAT IS  
CHARACTERISTIC OF "BLACK"  
TOMATOES.



**BLACK SEEDED SIMPSON LETTUCE**  
A LIGHT GREEN, LOOSE LEAF  
LETTUCE WITH A DELICATE, SWEET  
FLAVOR. FROM 1875.



**BLOOMSDALE LONG STANDING  
SPINACH**  
GROWER'S FAVORITE SPINACH:  
SWEETEST, TENDER AND MILD BUT  
FLAVORFUL.



**TRICOLOR ROMAINE LETTUCE**  
THREE SPECIALTY LETTUCES  
BLENDED TO GIVE YOU THE COLOR  
& QUALITY YOU NEED TO BRING  
TO RESTAURANTS OR MARKET.  
STUNNING WHEN BUNCHED  
TOGETHER AND AN EASY SELL.



**CALIFORNIA WONDER BELL  
PEPPER**  
LARGE STUFFING PEPPER WITH  
EXTREMELY THICK, MILD, SWEET  
FLESH THAT CONTAINS HIGH  
AMOUNTS OF VITAMINS A AND C.



**TENDERGREEN BURPLESS  
CUCUMBERS**  
THIS CUCUMBER IS SWEET,  
TENDER, NON-BITTER AND ACID  
FREE.



**BLUE LAKE BUSH BEAN**  
TASTY GREEN BEANS YIELD  
TENDER, SWEET, ROUND  
STRINGLESS BEANS THAT ARE  
GREAT FOR FRESH EATING,  
CANNING AND FREEZING.





### **BRUSSEL SPROUTS**

PACKED WITH VITAMIN K &  
KNOWN TO SUPPORT DIGESTIVE  
HEALTH AND BLOOD SUGAR  
LEVELS!



### **BABY POTATOES**

FOR EASY OVEN-ROASTED  
DINNERS OR CHOPPED UP WITH  
CHIVES AND EGGS FOR  
BREAKFAST.



### **CHERRY RED POTATO**

CHERRY RED PRODUCES SMALL TO  
MEDIUM SIZED TUBERS WITH  
BRIGHT MEDIUM TO DARK RED  
SKIN AND ATTRACTIVE WHITE  
FLESH.



### **ALL BLUE POTATO**

IT HAS DEEP BLUE SKIN AS WELL  
AS CONSISTENTLY BLUE FLESH.  
THE RICH TASTE OF THIS POTATO  
WHEN MASHED IS ENHANCED BY  
THE COLOR. TO KEEP COLOR, DO  
NOT OVERCOOK.



**TENDERSWEET CARROT**  
VERY SWEET AND NEARLY  
CORELESS. DEEP ORANGE-RED  
COLOR; CRISP, TENDER AND VERY  
FINE FLAVOR.



**SMOOTH GERMAN KALE**  
BROUGHT TO US BY GERMAN  
IMMIGRANTS. RAW LEAVES ARE  
SLIGHTLY BITTER WITH A TANGY  
MUSTARD FLAVOR. COOKED  
LEAVES ARE SWEET, JUICY, AND  
TENDER.



**GREEN ARROW PEA**  
THE GREEN ARROW PEA IS ONE OF  
THE TRUE CLASSIC PEAS,  
SUITABLE FOR CANNING,  
FREEZING, OR AN ADDITION TO  
SOUPS AND SALADS.



**DECICCO BROCCOLI**  
AN ITALIAN BROCCOLI  
INTRODUCED TO THE UNITED  
STATES IN 1890.



### **CELERY**

A 10/10 VESSEL FOR PEANUT BUTTER, HUMMUS, OR DELICIOUS ON ITS OWN!



### **BLACK KABULI CHICK PEA**

THE BLACK KABULI CHICK PEA HAS A DELICIOUS EARTHY, NUTTY FLAVOR AND CREATES A HUMMUS LIKE NO OTHER!



### **SAYAUSUME EDAMAME**

TASTE TEST WINNER. SWEETER BEAN, SLIGHTLY MORE BEANS PER POD.



### **GENEVESE BASIL**

OF ALL THE BASILS TO GROW, AND THERE ARE ABOUT 150 VARIETIES, GENOVESE BASIL IS ONE OF THE BEST BECAUSE IT MAKES THE BEST PESTO AND HAS HIGH YIELDS.





## **CILANTRO**

**USED AS A GARNISH & ADDS FLAVOR TO A VARIETY OF FOODS FROM MEAT & POTATOES TO SIMPLE SALADS.**

All produce is grown without pesticides, from heirloom seeds.

Harvest Nation is committed to growing and sharing fresh fruits and vegetables grown from Heirloom (Non-GMO) seed varieties chosen for their highest qualities in nutrition and flavor, pesticide free! Since our produce is grown using aeroponics, which is soil-less farming, our produce is free of risk for soil borne diseases like salmonella or listeria.

Questions? Comments? Contact us at: [info@harvestnationinc.com](mailto:info@harvestnationinc.com)



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